Enabling self-direction through eHealth

Ton Schilderman BSc/BSW - Royal Dutch Visio Rehab therapist/chmn PsySoc ExpGroup/ eHealth explorer and developer tonschilderman@visio.org

Trends in society → goals for Visio:
- Clients want information, service & care to be less: uniform and dependent of place & time
- Insurance companies and governments embrace trend towards self direction, hoping for cost reductions as a side effect

5 Visio R&D programs all include innovations; ME-Health & Education explores ICT. General goal: at least 50% of our services is accessible online by 2020

Visio surveys show that clients and workers want:
- Blended care: f2f + online
- An integrated, navigable platform → search feature crucial!
- Reliable information on various subjects

“Click for Advice”-feature; via chat, email and/or videocalls
Help: introductory trainings in eHealth, and tech-support
Multimedial e-learnings and e-trainings

Initiatives launched in the 3 major domains of Royal Visio:

Rehabilitation & Advice
- OTC-New Techniques – implementation after successful pilot
- Based on eHealth exploration: development project: ME-R&A
  - E-PsEYE: pilot study involving eHealth self-help interventions in elderly clients suffering from anxiety and depression
  - Visio lab: testing possibly interesting gadgets and ICT

Education
- EduVIP: educational database
- Digital College: exploring Office 365 as an online interactive educational environment
- Exploring 3D drawings and auditory cues on iPads to unlock mathematical graphs to the visually impaired
- Making computer programming courses accessible
- ICT4Music: platform/knowledgebase to open up music making

Housing & Daycare (visually and cognitively impaired)
- Media-literacy training → safe use of the internet
- I am online – communication platform (prospect)
- Webshop to self-reliantly showcase and sell products

Challenges:
- Making eHealth easily navigable for the visually impaired
- Financing eHealth design and implementation
- Avoiding fragmentation
- Organising & maintaining client & worker participation and acceptance

www.visio.org