

# Enabling self-direction through eHealth

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Trends in society → goals for Visio:

- Clients want information, service & care to be **less: uniform** and **dependent of place & time**
- **Insurance companies and governments** embrace trend towards self direction, hoping for **cost reductions** as a side effect

5 Visio R&D programs all include innovations;  
ME-Health & Education explores **ICT**. General goal: at least **50%** of our services is accessible online by **2020**

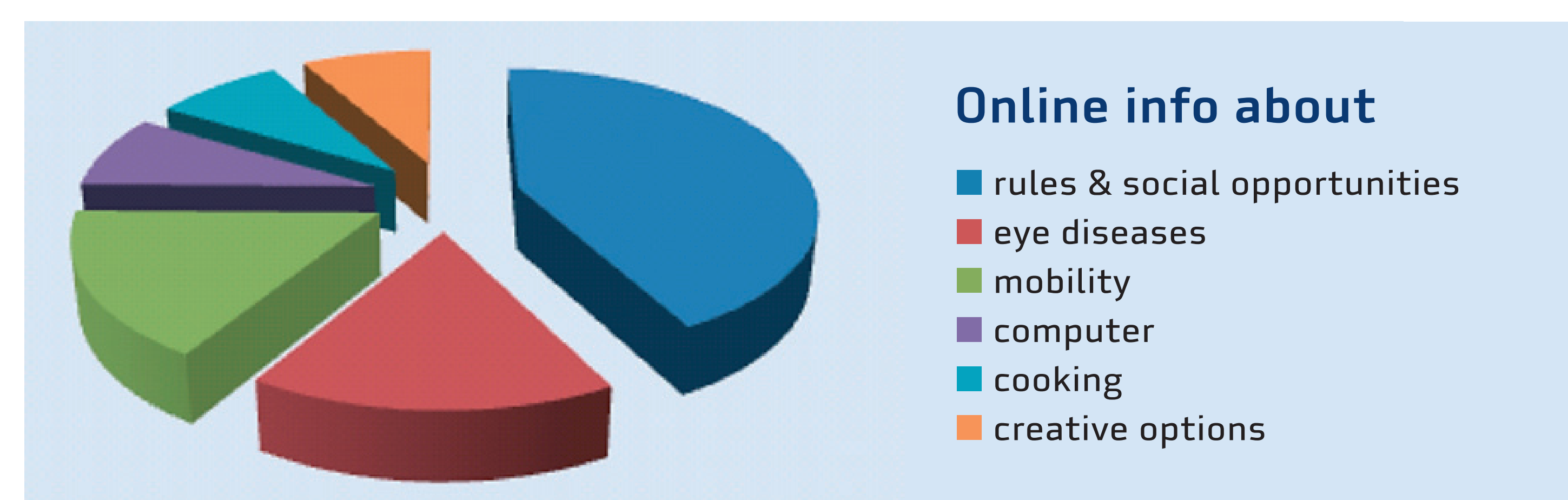
50%



2020

Visio surveys show that clients and workers want:

- Blended care: f2f + online
- An integrated, navigable platform  
→ search feature crucial!
- Reliable information on various subjects



- "Click for Advice"-feature;  
via chat, email and/or videocalls
- Help: introductory trainings in eHealth, and tech-support
- Multimedial e-learnings and e-trainings



- Client and worker participation in design

Initiatives launched in the 3 major domains of Royal Visio:

## ● Rehabilitation & Advice

- OTC-New Techniques - implementation after successful pilot
- Based on eHealth exploration: development project: ME-R&A
- E-PsEYE: pilot study involving eHealth self-help interventions in elderly clients suffering from anxiety and depression
- Visio lab: testing possibly interesting gadgets and ICT

## ● Education

- EduVIP: educational database
- Digital College: exploring Office 365 as an online interactive educational environment
- Exploring 3D drawings and auditory cues on iPads to unlock mathematical graphs to the visually impaired
- Making computer programming courses accessible
- ICT4Music: platform/knowledgebase to open up music making

## ● Housing & Daycare

- (visually and cognitively impaired)
- Media-literacy training → safe use of the internet
- I am online - communication platform (prospect)
- Webshop to self-reliantly showcase and sell products

## Challenges:

- Making eHealth easily navigable for the visually impaired



- Financing eHealth design and implementation
- Avoiding fragmentation
- Organising & maintaining client & worker participation and acceptance